

**COFFEE SHOP & RESTAURANT** 

Perrywood

TIPTREE

### Breakfast served from 9.00 - 11.30

Where applicable, breakfasts will be served with fried egg(s) and granary toast. Please state when placing your order if you wish to change your selection

Perrywood Traditional gfa dfa 1014kcal / 719kcal main 12 / ligh Sausage, bacon, egg, mushroom, tomato, beans, hash brown	nt 10
Perrywood Plant of vga 854kcal Plant based sausage, egg, mushroom, tomato, beans, hash brown	12
Eggs on toast gfa dfa 927kcal Fried, poached or scrambled on sourdough bloomer  Add smashed avocado	8
Baked beans on toast gfa dfa vga 869kcal Sourdough bloomer	7
Mascarpone mushrooms on toast gfa 928kcal Sautéed chestnut mushrooms, sourdough bloomer	7
Granola Sundae gf CONTAINS NUTS 430kcal Fruit compote, Greek yoghurt	7
Porridge gfa dfa Fruit compote 418kcal or honey 467kcal	6
Breakfast sandwiches served until 14.30	
Bacon gfa dfa 395kcal	7
Pork sausage dfa 369kcal	7
Bacon and sausage dfa 584kcal	8
Plant based sausage df vg 301kcal	8

### Toasted Panini served from 9.00 - 14.30

Served with dressed leaves and chips

Bacon, Somerset Brie, cranberry 902kcal	11
Chicken, chorizo, Monterey Jack 892kcal	11
Tuna, red onion, mature cheddar 963kcal	11
Mozzarella, red pepper, pesto (nut free) 843kcal	11
Upgrade to sweet potato fries 43kcal	1.5

### Jacket Potatoes served from 12.00 - 14.30

Mixed leaf salad, coleslaw

Beans, cheese gf 738kcal	10.5
Chilli con carne gf dfa 697kcal	10.5
Tuna mayonnaise, red onion gf dfa 633kcal	10.5



#### Mains served from 12.00 - 14.30

<b>Mains</b> served from 12.00 - 14.30	
Mushroom and lentil linguine of vg 801kcal / 401kcal main Sourdough garlic bread	14 / light 9
Gammon ham and egg(s) gf df 802kcal / 431kcal main a Served with chips	14 / light 9
<b>Beer battered fish and chips</b> gf df 1289kcal / 722kcal main Mushy peas, tartare sauce	17 / light 12
Classic steak and ale pie 979kcal Creamy mash, seasonal vegetables, rich gravy	16
Chicken schnitzel burger 1295kcal Focaccia, smashed avocado, chilli jam, chips	16
Roasted vegetable and chickpea pie of vg 843kcal Sweet potato mash, seasonal vegetables, rich gravy	16
Greek feta and tzatziki salad dfa vga 836kcal Classic Greek salad served with flatbread	14
Light Lunches	
Chef's homemade soup gfa dfa vga Sourdough bloomer	7.5
Ham hock and pea terrine df 257kcal Melba toast, chilli jam	8
Perrywood quiche - Please ask for today's specials Mixed leaf salad, coleslaw	12
Add jacket potato 210kcal sweet potato fries 283kcal chips 240kca	al 2.5
Sides available all day	
Toasted teacake dfa vga 340kcal	3.5
Mixed leaf dressed salad gf df vg 76kcal	3.5
Chunky hog roast sausage roll 527kcal	4.5
Chips gf df vga 480kcal	4.5
Rosemary and sea salt seasoned chips gf df vga 493kcal	5
Sweet potato fries gf df vga 567kcal	5.5

## Sunday Lunch

Roast lunch served alongside our menu every Sunday. All roasts accompanied with crisp roast potatoes, seasonal vegetables, Yorkshire pudding and rich gravy

Beef topside gf df 1095kcal / 853kcal	main 17 / light 13
Roast turkey and stuffing gfa df 1163kcal / 940kcal	main 17 / light 13
Beef and turkey duo gfa df 1272kcal	19
Beetroot wellington of vg 1314kcal	15
Yorkshire pudding gf df 191kcal	2
Pigs in blankets off 346kcal	4
Roast potatoes gf df vg 341kcal	4
Trio of extras df 1070kcal	8

### Childrens Menu

Lighter dishes can also be found on the inside of the menu

### Breakfast served from 9.00 - 11.30

Childrens breakfast dfa 263kcal Sausage, fried egg, beans, toast	7
Childrens beans on toast gfa dfa vga 265kcal Granary bread	6
Childrens egg on toast gfa dfa 278kcal Granary bread	6
Lunch served from 12.00 - 14.30	
Ham, egg and chips gf df 308kcal Gammon ham, fried egg, chips	7
Sausage and mash df 286kcal Pork sausage, mash potato, garden peas	7
Penne Bolognese of 263kcal Garlic bread	7
Fish and chips gf df 377kcal Classic battered fish goujon, chips, garden peas	7
Jacket with beans gf df vg 341kcal  Add cheese gf 149kcal	7
The Perrywood Picnic dfa vga Sandwich, crisps, crudites, cookie Cheese 628kcal Ham 518kcal Tuna 576kcal Jam 496kcal	7

# Afternoon Tea at Perrywood

Served Monday to Friday from 2pm



A delicious selection of finger sandwiches, savoury snacks, sweet treats & bottomless tea or coffee

£22.50 per person

'Free From' options available by request

Excluding bank holidays